

# GAME ON

Changing the Way You Play

Week 1

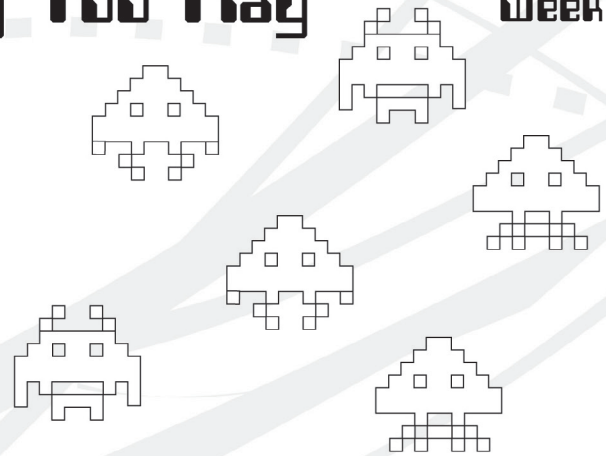
## Read This First

### Read Proverbs 25:28

Imagine going to bed in a place with no walls, windows, or doors. You'd have no protection from flying bugs, stray dogs or even strangers! Self-control is like having the "strong walls" of a house protecting you from things that could hurt you. God wants to help you stay safe and be strong by giving you the power to control yourself.

Self-control is choosing what you should do, not what you want to do. Stack your hands and build a wall in front of your heart and think about protecting your feelings. Move your hands up to cover your mouth—to control your words. Move your hands up to your head—to control your thoughts that lead to actions.

**Tell** God you really need His help to have self-control and stay strong.



### Read 2 Peter 1:3

Imagine this: an amazing coach has chosen you to be his star player. The only problem is, you don't know how to play! So what do you do? Learn everything the coach wants to teach you—fast! God is like your coach—the one with experience. You can listen to and learn from Him by reading His Word and asking other people who love God to coach you too.

Hit a tennis ball with just your hand, and then hit one with a racket or a bat. Which works better? You need the right tool for power to hit the ball far. God can give you the right tools (His Word!) and wise leaders that are older than you for help to have self-control.

**Thank** God for choosing you for His team!

## Read This Next: Day 1



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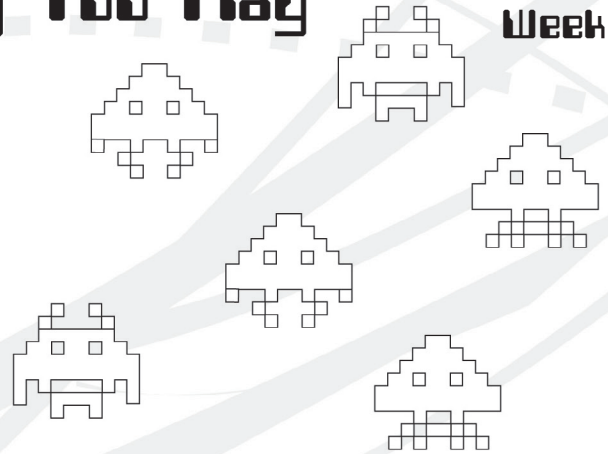
### Day 2

#### Read James 5:16b

When you pray, it may seem like you are just sitting around talking to yourself, but that's far from the truth. God actually listens to everything you say! You're talking to the guy who created the whole universe with just His Words! Now that's power. When you pray honestly to God about what's going on, stuff can start to happen all around you.

Unplug a lamp and try to turn it on. You can flip the switch all day and nothing will happen, right? Until you plug in to the power source. Plug in to your power source by talking to God today.

**Praise** God for always listening when you pray.



#### Read Galatians 5:22-23

Remember the last time you started to do something you shouldn't and got that sick feeling, like a little voice saying, "Don't do it"? God has given us His Spirit to warn us away from some things we might want to do. He urges us toward things we should do and helps give us power to make wise decisions.

Read 2 Timothy 1:7 and list 2 things God's Spirit doesn't give us (Game Off) and the 3 things He does give us (Game On)!

Game Off:

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Game On:

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**Ask** God to give you all 3 of these important things this week.

### Day 3

